

F M N

FOMBN MAHSA Newsletter



Faculty of Medicine,
Bioscience and Nursing
March 2022
Issue 1

Faculty of Medicine, Bioscience and Nursing
MAHSA University, BSP, Selangor
Phone: +603-7965 2555

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Opening Message

Dear Colleagues and Students,

MALAYSIA

Covid-19: Transition from Pandemic to Endemic Phase

We are delighted to note that on 8 March 2022, the Prime Minister of Malaysia, Dato' Sri Ismail Sabri Yaakob, announced that Malaysia will commence its transition to the endemic phase and reopen its borders from 1 April 2022. The transition to endemic phase is an important exit strategy that would allow Malaysians to return to near-normal life after nearly two years of battling the Covid-19 pandemic. Several restrictions imposed during the pandemic will be removed during this transition period including limitation on business operating hours, 50% capacity limit for activities involving large gatherings, capacity limit imposed on the number of employees allowed in the workplace based on the employees' vaccination status, and social distancing requirements at mosques and places of worship, subject to guidelines issued by the state religious authorities and the National Unity Ministry. Other relaxations include allowing interstate travel regardless of a person's vaccination status, and exemption from using the MySejahtera application for open areas that are not crowded and where there are no public gatherings. However, the MySJTrace function must be activated in enclosed premises and indoor events with large number of guests.

Ramadan Al-Mubarak: Month for Reflection

All Muslims take part in the month-long dawn-to-sunset fast that is the hallmark of Ramadan Al-Mubarak, the Month of Reflection. Consuming any food or drinking any liquid (including water) is prohibited during daylight hours, with the day's abstinence being offset by a nightly meal known as *iftar* (*buka puasa*) along with another meal before dawn (*sahur*). Food is often shared with a poor family during Ramadan along with other charitable actions that are either obligatory (*zakat*) in the form of monetary donations or voluntary (*sadaqah*) by giving to charity or helping the poor in other ways. All Muslims are required to devote time to prayer (*salat*) and reflection (*fikr*). The Muslim community in Malaysia and all over the world celebrate *Hari Raya Aidilfitri*, or also known as *Hari Raya Puasa*, to conclude the Ramadan holy month of fasting. *Hari Raya Aidilfitri* is regarded as a merry celebration as it marks a person's triumph and success on discipline and self-resistance which symbolizes refinement and rebirth.

MAHSA UNIVERSITY

Town Hall (Let's Talk)

On 13th January 2022, everyone was invited to a Townhall (Let's Talk) with Dato GMD. The purpose was to share the strategy of MAHSA University in relation to the 10 SHIFTS IN THE HIGHER EDUCATION BLUEPRINT [2015 – 2025] (HEB15-25):

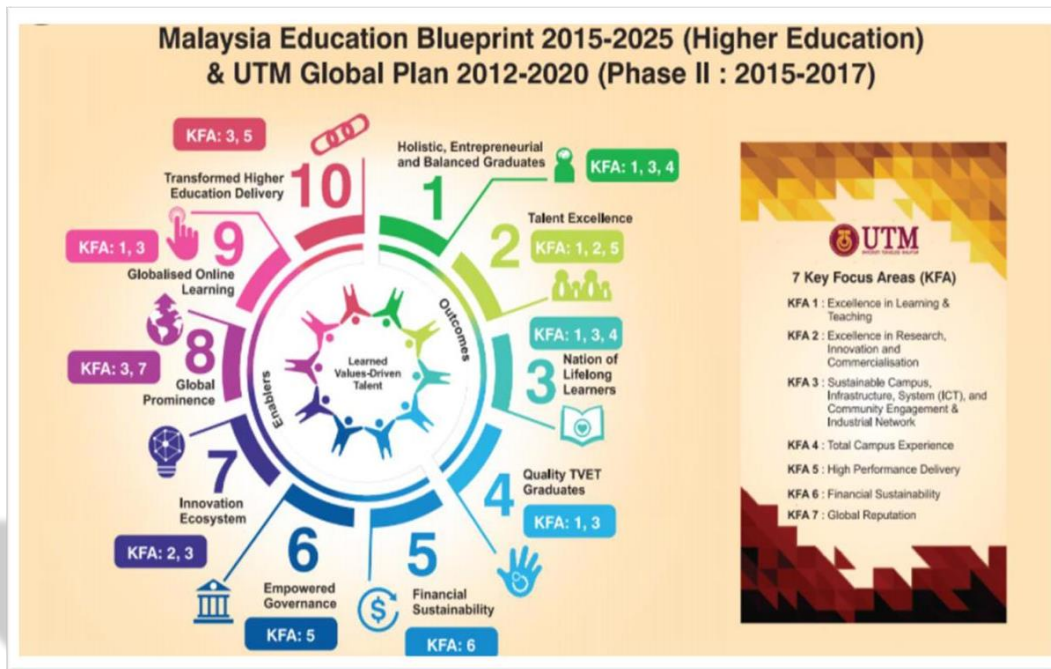


The Key Focus Areas (KFA) include the following:

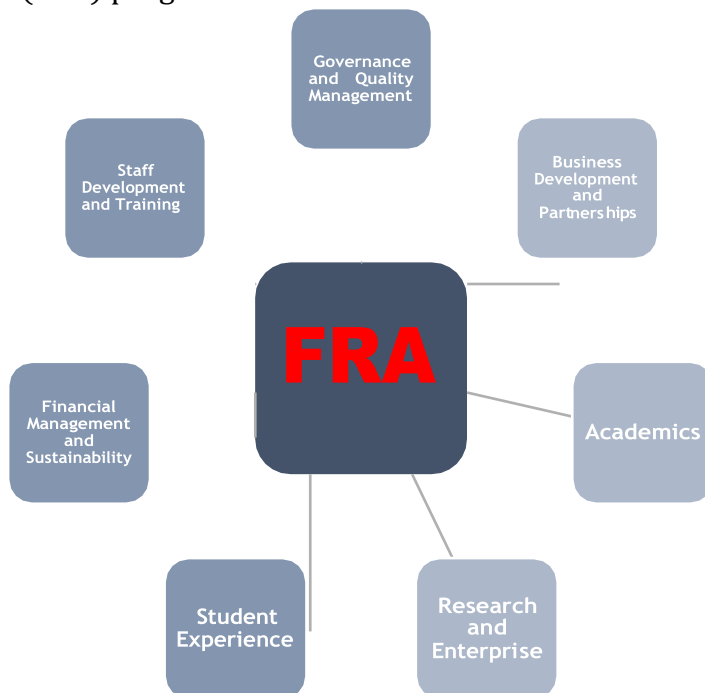
- Financial Sustainability
- Excellence in Learning and Teaching
- Excellence in Research, Innovation and Commercialization
- Sustainable Campus Infrastructure System Community Engagement & Industrial Networks

- Total Campus Experience
- High Performance Delivery

UiTM is among the many public universities that have adopted the HEB15-25.



On hindsight, the HEB15-25 is similar to our very own Faculty Review and Assurance (FRA) program.



So, the way forward is to define a clear strategic pathway to realise the HEB15- 25 through a Continuous and Contiguous Pathway:

A **Continuous** And **Contiguous** Education Pathway

SKM – CERT – DIPLOMA – ADVANCED DIPLOMA – DEGREE – PGC – PGC – MASTER - PhD

PAPERLESS TO PHD

An **Adult Learning** Ecosystem

An **Online Learning** Ecosystem

MICROCREDENTIALS

A Key Graduate Aspiration of MAHSA University is Employability and this can be realised through the following strategy:

KEY UNIVERSITY GRADUATE ASPIRATIONS

Gainful Employment within **6 months**

Gainful Employment [**Selection**]

Gainful Employment [**Pre Selection**]

Further Studies in **Post Graduate Education**

Promotion into **Tactical Leadership** role

Promotion into **Strategic Leadership** role

Service to Society

In essence, we need to know who our Stakeholders (Alumni, Industry, Media and PR) (The Stakeholder Wheel) are:



In this regard, Partnership becomes an important tool in reaching out to the Stakeholders:



Lifelong Learning is another important feature in the HEB15-25:

Up-skilling, Re-skilling And New Skilling

Professional Certifications

Micro Credentials, Credentials and Badges

Flexible Modes Of Delivery

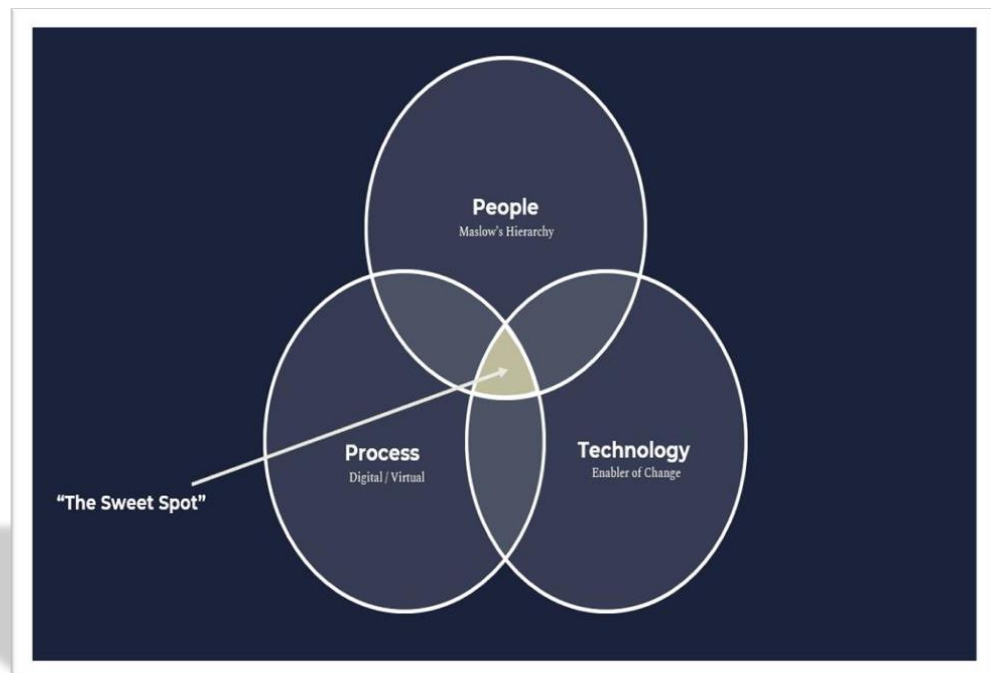
Online Learning

Personalized and Customizable Programs

The other is Research and Innovation:



This is where one can see the benefits of an optimized process, aligned with a robust employee experience and delivered through a technology layer/ application that borders on the transparent.



But how does one get to this point (The Sweet Spot)?

THE SWEET SPOT

Talent Acquisition, **ENGAGEMENT** and Training

TEAM WORK, Performance Management and; Incentives and Awards

Mapped Student/Stakeholder (**PROCESS**) Journey

Due Diligence thru **Regular & Repeated AUDITS**

Intelligent And Automated ICT System

MAHSA will need a Cross-Business Synergies in order to achieve the desired objectives:

CROSS BUSINESS SYNERGIES



At the end of the Townhall, Dato GMD summed up the Townhall with the following questions:



FOMBN

At the Faculty level, we are busy with the following activities: SIRIM Audit for our MBBS Program, MQA Re-Accreditation for the Diploma in Paramedical Sciences (DPS) Program, MBBS Program: MQA Re-Accreditation preparation, MOU with the following organizations: Ko Academy, UNJANI (Indonesia), RAA Online (India), WRAP (USA) and Disaster Medicine (MAHSA, India, USA, and the Academy of Disaster Medicine). We planned to have a CHESS Competition (to be organized by Assoc Prof Dr Nazmul), CME/CPD Events (organized by Dr Deepa), International Conferences and Webinars, Workshops such as the one recently concluded in Medical Education (Speaker: Prof

Moussa Hassan), and R&D activities including Research Grants and Publications. Student activities through MedSoc and MUBISS are also creating great interest in the faculty and university.

Let's hope that we can all achieve the strategies that was laid down during the Townhall and play our role as citizens of MAHSA University. Cheers!



Prof Dr Rusli Bin Nordin

MBBS (Monash); MPH (Malaya); DrMedSc (Tokyo); GCHE (Monash); HonFFOM (Ireland); FAOEM (Malaysia); FPHM (Malaysia); FRSPH (UK); FAPA-PFAW (Australia); AM (Malaysia)

Dean

Faculty of Medicine, Bioscience and Nursing

MAHSA University

10 April 2022

MOU between Faculty of Medicine, Bioscience and Nursing (FOMBN) MAHSA University and RAAONLINE, India



On March 2, 2022, the Faculty of Medicine, Bioscience, and Nursing (FOMBN), MAHSA University, signed a Memorandum of Understanding (MoU) with RAAONLINE Medinfo Private Limited, India. Raaonline is an e-learning website on important medical specialties, providing critical and timely reinforcement to practising professionals as well as students who have a periodic need for additional support in academics as well as practical-experience-based guidance on day-to-day clinics and cases.



From the left:
Prof. Rusli Bin Nordin (Dean, FOMBN), Professor Dato' Dr. Ikram Shah Bin Ismail (Vice-Chancellor), Prof. Dr. Srikumar Chakravarthi (Research Director) and Assoc. Prof. Dr. Vetriselvan Subramaniyan (Deputy Dean, FOMBN)



From the left: Dr. Meram Mohammed Ali Azzani (Head of the School-Preclinical), Ketharin a/p Tunasamy (Head of the School-Bioscience), Assoc. Prof. Dr. Paulraj Ponnaiah (Deputy Dean), Prof. Rusli Bin Nordin (Dean, FOMBN), Dato' Dr. Ikram Shah Bin Ismail (Vice-Chancellor), Prof. Dr. Srikumar Chakravarthi (Research Director) and Assoc. Prof. Dr. Vetriselvan Subramaniyan (Deputy Dean, FOMBN)

The managing director Prof. Dr. Ranjith Karthekeyan introduced RAAONLINE to Managing Director to MAHSA University Vice-Chancellor Professor Dato' Dr. Ikram Shah Bin Ismail. This event was coordinated by Research Director Prof. Dr. Srikumar. Prof. Dr. Rusli Bin Nordin (Dean, FOMBN-MAHSA) and RAAONLINE team presented the future collaboration plans and the area of interest revolves in cardiac anaesthesia and conducting short specialist courses, skills training and others. We hope that this collaboration will serve as a platform for staff and students academic advancement.

Prepared by Assoc. Prof. Dr. Vetriselvan Subramaniyan

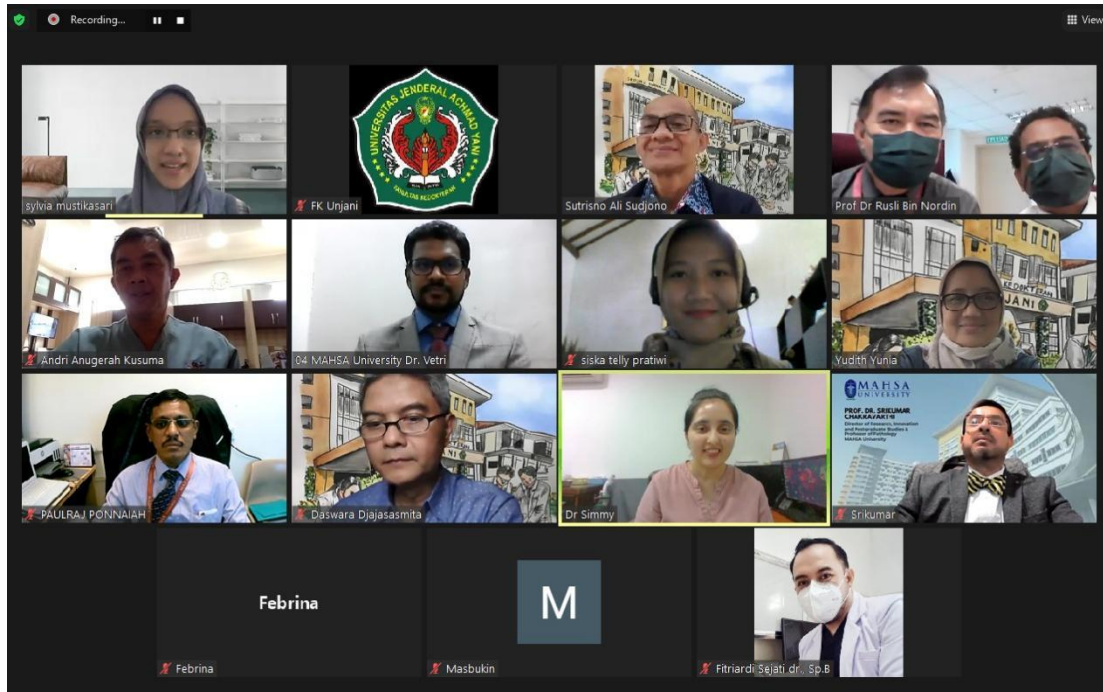
MOU between Faculty of Medicine, Bioscience, and Nursing (FOMBN) MAHSA University and Faculty of Medicine, Unjani University, Indonesia



On February 14, 2022, the Faculty of Medicine, Bioscience, and Nursing (FOMBN), MAHSA University signed a Memorandum of Understanding (MoU) with the Faculty of Medicine, Unjani University, Indonesia.

In 1992, UNJANI University established faculties in its environment, namely the Faculty of Social and Political Sciences (FISIP) with the Department of Government Science and the Faculty of Medicine. Further development was the addition of the Department of International Relations in 1993, the Department of Pharmacy and the MIP Program in 1999, and the Faculty of Psychology and Computer Science in 2003. In the 2011 academic year, Unjani University started new study programs, namely Biology, Dentistry, and Dentistry Study.

Introduction of the Unjani University Faculty of Medicine was done by the Dean Prof. Dr. Sutrisno, and Prof. Dr. Rusli Bin Nordin (Dean, FOMBN-MAHSA) gave an introductory talk. Following this, the Unjani University team presented the collaboration plans. The main interests were in emergency medicine and disaster management, and there were proposals to collaborate in conducting short courses, skill labs, Diploma courses in Paramedics, etc. The lecturers' mobility as speakers in conferences or as adjunct lecturers, international visiting lecturers on symposiums or webinars, and students' mobility to carry out elective programs, short courses, or skill training and conduct joint research in emergency medicine, medical education, etc.



Research Director Prof. Dr. Srikumar Chakravarthi, Deputy Deans Assoc. Prof. Dr. Vetriselvan Subramaniyan, Assoc. Prof. Dr. Paulraj Ponnaiah, School of Emergency Medicine Director Assoc. Prof. Dr. Abdul Ali Bin Raja Mohamed and Coordinator Dr. Simerdip Kaur of MAHSA University and faculty members of Unjani University were present at this session. The cooperation between MAHSA and Unjani University will provide a broader vision of advanced research and academic commitments for staff and students. As higher education institutions, MAHSA and Unjani University will provide opportunities to develop student potential, talents, and leadership to make a difference in the world.

Prepared by Assoc. Prof. Dr. Vetriselvan Subramaniyan

Assessment & Question Writing: Principles and Pitfalls Workshop Training 10-03-2022



**Assessment and Question Writing:
Principles & Pitfalls**

4 CPD POINTS

Suitable for:

- All academic staff involved in writing question items
- Teaching staff from all faculties at MAHSA University

Professor Dr. Mohamed M Al-Hasan
Ophthalmology and Medical Education Unit,
Faculty of Medicine and Biosciences and Nursing
MAHSA University

Professor Dr. Mohamed Al-Hasan is an ophthalmologist and medical educationist at the Faculty of Medicine, Biosciences & Nursing, MAHSA University. He is certified trainer and actively involved in training academic staff. In addition to that he runs a medical education clinic that provide solutions to issues related to teaching- learning, assessment, and curriculum design and review.

OVERVIEW :
The workshop provides a deeper perspective of writing single Best Answer Questions (SBAQ). Explanation of various concepts that strongly impact the value of assessment items. These are Validity, Reliability, and Difficulty index of assessment items. By the end of the workshop, participants should be able to design effective , valid and reliable multiple-choice questions.

OBJECTIVES :

- Introduce concepts and principles related to assessment
- Impact of assessment on student's learning
- Participate in small group work
- Design an assessment blueprint
- Use item analysis to identify question difficulty

DATE :
10th MARCH 2022

DAY :
THURSDAY

TIME :
2.00 PM - 5.00 PM

VENUE :
**LEVEL 2, HUMANITY
BUILDING,
2H-2-10
MAHSA UNIVERSITY**

FOR REGISTRATION :
Azlinda Azman
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f in @
MAHSA UNIVERSITY

Assessment is one of the most important and critical component of the educational process. Assessment determines to what extent the learning outcomes have been achieved. Assessments are able to determine whether or not students understand the course material. Assessment is a very strong motivator to drive students to study. When students know they are doing poorly, they will begin to work harder.

Assessment Methods are tools to check the students' understanding of subjects. We have many tools in the "assessment box". Assessment items have to represent critical areas that must be known by the students. Less important areas should have smaller representations. Few very hard questions are necessary to differentiate between good and bad students. Many varieties of assessment methods should be used.

Assessment Blueprint is a useful tool to ensure that the assessment represents the curriculum. It specifies the number and the type of questions. It guides item writers to represent the major learning expectations of students. Blueprints ensure consistency in terms of the content to be measured and in relative test difficulty.

Prepared by Prof. Dr. Mohamed M Al-Hasan

Continuing Medical Education (CME) and Professional Development, SOM

at the Faculty of Medicine, Bioscience and Nursing, MAHSA University

The objective of the CME/CPD is to maintain professional competence of the Academicians of the University by providing a broad range of evidence-based learning opportunities, keeping them informed of the improvements in technology and medicine and their impact on the professional activities. Our CME team conducts these CME events in face to face and online platforms. The Office of Continuing Medical Education & Professional Development at the University of MAHSA is fully accredited by the Malaysian Medical Association (MMA) and is an accredited CPD provider.

Prepared by Dr. Deepa Anbazhagan

Summary of the approved CME events for the first quarter of the year 2021-22

 <p>80th CME - 7th Jan 2022 COVID REVISITED Assoc. Prof. Dato' Dr. Prathapa Senan, Unit of Community Medicine, Faculty of Medicine, Bioscience and Nursing, MAHSA University</p>	 <p>80th CME - 7th Jan 2022 PSYCHOSOCIAL IMPACT OF CORONA VIRUS COVID-19 PANDEMIC IN MYANMAR DIAGNOSIS Assoc. Prof. Dr. Minn Soe, Unit of Psychiatry, Faculty of Medicine, Bioscience and Nursing, MAHSA University</p>
 <p>81st CME - 14th Jan 2022 EVIDENCE-BASED OPERATIONAL MODEL FOR CONDUCTING AN ONLINE, SYNCHRONOUS, PROCTORED, CLOSED BOOK PROFESSIONAL EXAMINATION DURING THE COVID-19 PANDEMIC LOCKDOWN Mr. Ivan Roland K, Lecturer, Unit of Physiology, FOMBN, MAHSA University</p>	 <p>82nd CME - 21st Jan 2022 FLOATING SPLEEN: A RARE CLINICAL ENTITY Assoc. Prof. Dr. Peh Kiam Heng, Unit of Surgery, Faculty of Medicine, Bioscience and Nursing, MAHSA University</p>
 <p>82nd CME - 21st Jan 2022 LONG COVID SYNDROME Prof. Dato' Dr. Hj Abdul Razak Muttalif, Unit of Medicine, Faculty of Medicine, Bioscience and Nursing, MAHSA University</p>	 <p>83rd CME - 4th Feb 2022 EPIDEMIOLOGICAL MAPPING OF LYMPHATIC FILARIASIS IN CENTRAL PART OF MYANMAR Dr. Khin Dar Li, Senior Lecturer, Unit of Pathology, Faculty of Medicine, Bioscience and Nursing, MAHSA University</p>

84th CME - 18th Feb 2022

NEUROSURGICAL
MANAGEMENT OF TBM &
HYDROCEPHALUS: WHERE
DO WE STAND TODAY?
Prof Dr Ravikant Palur,
Professor and Head of Surgery,
Faculty of Medicine, Bioscience
and Nursing, MAHSA



84th CME - 18th Feb 2022

UPDATES ON MELIOIDOSIS IN
MALAYSIA
Dr Ardita Dewi Roslani Bt Mohd
Roslani,
Senior Lecturer, Unit of
Microbiology & Parasitology
Faculty of Medicine, Bioscience
and Nursing, MAHSA University



85th CME - 4th Mar 2022

MEDICAL MYSTERIES UNVEILED -
10 CURIOUS CASES THAT
BAFFLED DOCTORS WORLDWIDE
Prof. Dr. Srikumar Chakravarthi,
Professor of Pathology, FOMBN,
Director of Research, Innovation
and Postgraduate Studies, MAHSA
University



86th CME - 18th Mar 2022

MANAGEMENT OF SPINAL
MUSCULAR ATROPHY IN
CHILDREN: PAST, RECENT &
FUTURE
Dr. Ferry Damarjata Satriono,
Senior Lecturer, Unit of
Paediatrics, Faculty of
Medicine, Bioscience and
Nursing, MAHSA University

Upcoming Events

1st April 2022:

- Management of Type 2 Diabetic Mellitus during the Holy Month of Ramadan by Assoc. Prof. Dr. Mohammed Shahjahan Kabir, Associate Professor of Medicine, Perdana University - RCSI, Kuala Lumpur, Malaysia.

15th April 22

- Update on Heart Failure - The New Guidelines by Assoc. Prof. Dr. Dr. Rahal, Unit of Medicine, Faculty of Medicine, MAHSA University

Upcoming Events

6th May 2022:

- Discovery of Natural Products and Industry 4.0 by Assoc. Prof. Chin Jin Han, Associate Professor of Biochemistry, Faculty of Medicine, Bioscience and Nursing, MAHSA University, Selangor

20th May 2022

- Item writing guidelines on MCQs in Medicine by Assoc. Prof Dr. Chitra Govindaraja, Unit of Pharmacology, Faculty of Medicine, Bioscience and Nursing, MAHSA University, Selangor

MAHSA University National Kidney Foundation Club (MUNKFC), SOM “World Kidney Day Event”

The MAHSA University National Kidney Foundation Club is Malaysia's first campus-based NKF-led club that strives to be a campus-based nation's advocate for issues related to kidney health, kidney diseases and organ donation.

The founder of MUNKFC, Reanugah Rajendren, is a final year MBBS student (batch 9), who is passionately involved in conducting studies and volunteering with various non-governmental organizations. She has been an active volunteer in numerous activities carried out by NKF regarding public education, fundraising and patient welfare, and it was her grand vision to establish a campus-based NKF club in MAHSA University. Inspired to create a base where she, and many more students after her hopefully, can use to enlighten others about caring for one's kidneys, the preventive measures that can be taken to prevent other complications from arising and how to make informed decisions about organ donation. Her initiative was fully supported by Prof Dr Rusli Bin Nordin, Dean, Faculty of Medicine, Bioscience and Nursing of MAHSA University.



MUNKFC's mission is to bridge the gap between the foundation and the community via the student-campus platform. The club's objectives are firstly, to conduct preventive health activities among the student population and staff regarding kidney health, engage

in innovative programming and research focusing on preventing kidney disease and improving the quality of life for those who are already living with it.

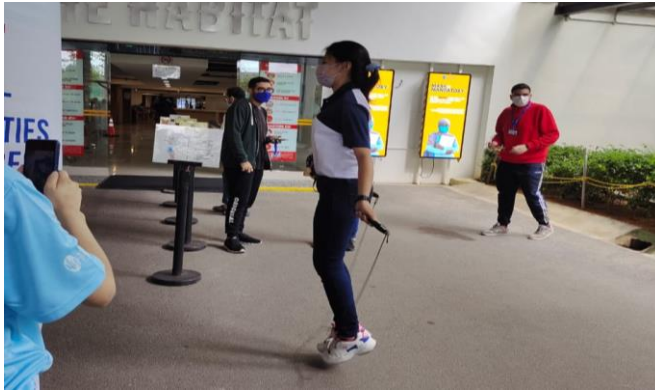
In conjunction with World Kidney Day, MUNKFC collaborated with National Kidney Foundation Malaysia (NKF) to educate and spread awareness about kidney health and to bridge the persistent and ongoing chronic kidney disease (CKD) knowledge gap. The theme for this year was “Kidney Health For All: Bridge the knowledge gap to better kidney care”.

The World Kidney Day event in MAHSA was organised by Ms Reanugah, with the help of 13 passionate volunteers, in the Saujana Putra Campus on 11th of March 2022. For the very first time, a student-initiated event welcomed volunteers, from all the faculties to participate. A proud and defining moment for MUNKFC was when the club managed to cultivate diversity and unity by recruiting volunteers with non-medical background such as engineering, business, and hospital management faculty. Activities such as a kidney day exhibition, jump rope challenge, e-surveys on renal health, and getting organ donation pledgers were carried out from 9am till 2pm.



Ms Reanugah also spearheaded the team to victory on the National level organ donation campaign. During the closing ceremony of the World Kidney Day event, which was held on 12th March 2022, MAHSA University was announced as the champion of 100 Pledgers in a 5 Hours Challenge, beating 20 other government/private universities and colleges nationwide. The team recorded a record-breaking number of 132 organ donation pledgers in less than 5 hours. She joined forces with the Post Basic Renal Coordinator, Ms Nik Ida, and her nursing student volunteers to accomplish the club’s goal. Through these

132 pledgers, MUNKFC was able to empower and enlighten the people who came. MUKFC believes that it has also inculcated a spirit of caring and sharing amongst the community, hoping that will result in giving a priceless gift of life to those in need. MAHSA University is proud to have won this challenge among participating universities like UM, UKM, UPM, Sunway University and International Medical University (IMU). MUNKFC believes this achievement aids in elevating MAHSA University's reputation as one of the leading medical universities in Malaysia.



In conclusion, MUNKFC is looking forward to future kidney-health-related campaigns and events and hopes to achieve successful outcomes in alignment with the club's mission and vision.

Prepared by
MAHSA-NKF CLUB



MAHSA Medical Society (Medsoc) Activities, SOM

As per tradition, the MAHSA Medical Society (Medsoc) has held its annual Core Committee election in late December 2021 along with its week-long campaign. This year, we welcome the new core committees of MAHSA Medsoc, Menalisha Thanabalan as President, Aminath Rasha as Vice President, Ng Hui Ying as Secretary, Siti Hajar as Vice Secretary, Ooi Jia Ying as Treasurer and Subhan Sai as Vice Treasurer. Like every year, the Returning Officers (RO) of MAHSA Medsoc hosted the annual Handover meeting, unfortunately due to the pandemic the meeting was held online. Hosted by Daniel Iskandar and Maybel Soong along with the attendance of the previous secretary, treasurer and vice treasurer, this meeting consisted of handing over confidential information, a small briefing session of how the organization works as well as a brief introductory session to our partners and sponsors.

In February 2022, the first announcement of the subcommittee recruitment was released. At last, MAHSA Medsoc introduced their line of subcommittees as well as new additions of teams which comprises of:

Academics Team: Dhivaanesh Rao, Nicholas Ong, Nimi Amboo, Emad Amoo

Community Service Team: Kavinaath Vijaya Velan, Thavarasasingam, Lim Vik Kee, Yoga Nanta Kumar

Events Team: Loh Jin Yao, Chen You Wei, Wong Mun Dik, Lew Er Wyn

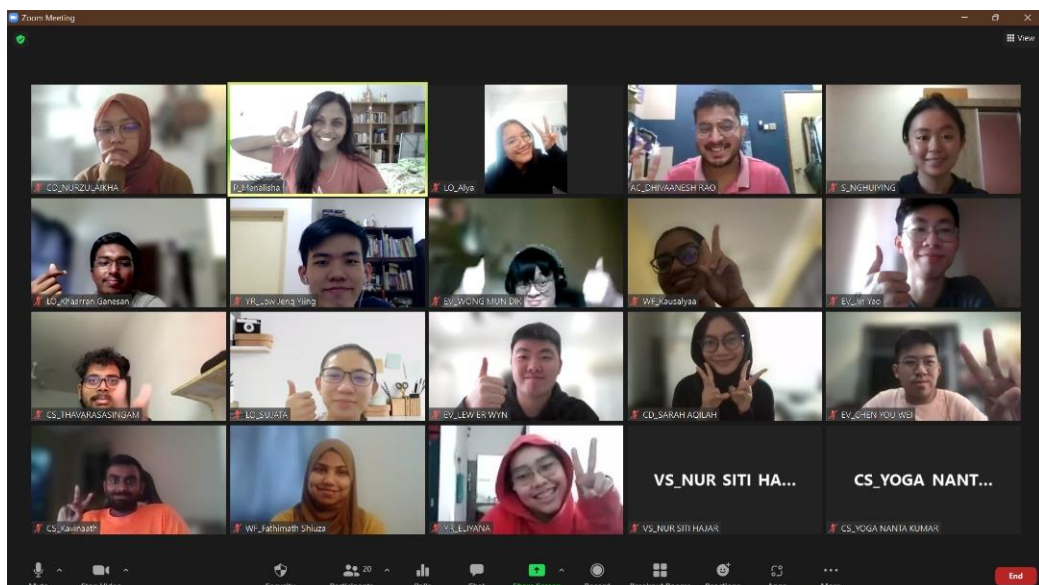
Logistics Team: Sujata Tan, Kharran, Yong Huey Chin

Content Development Team: Nurzulaikha Binti Ahmad Lutfi, Sibi Saravanan, Lauren Levi Raj, Sarah Aqilah

Social Media Team: Nusrat Jahan Moonmoon, Muhammad Hazmi

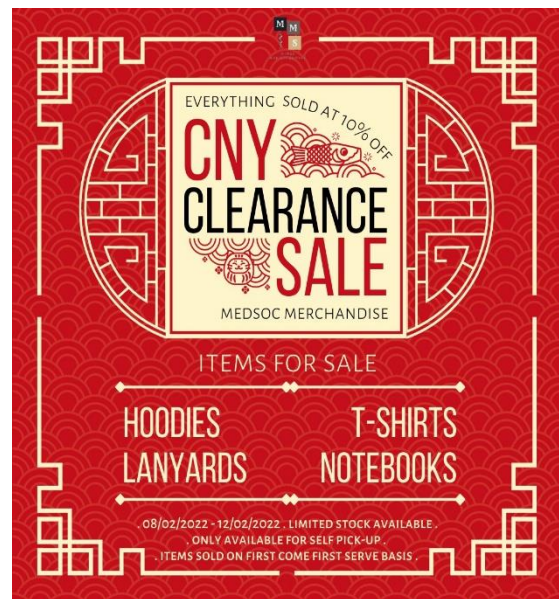
Welfare Team: Kausalyaa, Fathimah Shiuza

Year Representatives: Nur Azrin, Low Jenq Yiing, Hany Ameera, Kee Seok Ching, Eliyana Qawima



A first formal meeting was held on 12th February to officiate the new team of 2022 with the attendance of both core committee and subcommittees. Initially, the meeting was intended as a physical meeting, however, due to unforeseen circumstances, the meeting had to utilize the online platform instead. The meeting covered introduction to Medsoc, briefing on committee roles, upskilling session, ice breaking session and a pitching session where we discussed the annual calendar.

Within the past 3 months of 2022, we have organized two merchandise sales which were the CNY Clearance Sale held on 8th February, done through an online sale. A second sale was held on 19th March as a physical sale with a booth set up in the level 2 Spine Area in concurrence with the Orientation Day. As a sequence to the Orientation Day sale, due to high demands, a second sale was held on 25th March at the same location which, alongside the traditional merchandise, included a special addition of homemade goods such as Nasi Lemak and Banana Chocolate Chip Muffins made and baked by MAHSA's Medsoc talented team which were sold out within hours! We are proud enough to say that the sales were a great success and the lanyards were a total hit with a total number of 84 lanyards sold out. These sales were conducted to collect funds for the future Medsoc projects.



**Stay Alert
Don't Get Hurt**

A Crime Prevention Talk

31st March 2022
2pm to 5pm
MPH Level 12
Unity Building

Talk by PDRM
Self Defense Live Demo
Anonymous Q & A

Organiser: MAHSA Medsoc Collaborators: MAHSA PDRM Brought to you by: MAHSA UNIVERSITY

Apart from the merchandise sales MAHSA Medsoc has many upcoming events such as a Crime Prevention Talk which is a collaboration with MAHSA Student Representative Council (SRC) to raise awareness about safety and crimes especially during these times when the crime rates have increased significantly in Bandar Saujana Putra. The event will be held on 31st March inclusive of the entire student body. A speaker from PDRM and a self-defense demo coach will also be invited for the talk.

An Autism Awareness Webinar will also be held on 9th April in conjunction with World Autism Day on 2nd April. This webinar will be a collaboration between the Autism Behavioral Center (ABC) and MAHSA Medsoc which will be focusing on autism among children. Ms. Fanny Chang, a board-certified assistant behavior analyst, has been invited as our speaker for the webinar.

Lastly, we acknowledge the problems our medical students face, especially the increasing number of burnouts and mental health issues. In order to tackle this issue, a meditation event is being arranged by the Welfare Team.

Prepared by,

Ng Hui Ying
Secretary
MAHSA MEDSOC 2021/22

Thematic Month - Fun Outdoor Tele-match Activity, Organised by SOM

A Fun Outdoor Tele-match activity was held on 3rd March 2022 at Level 2 Spine, Mahsa University. This fun tele-match competition was organized by School of Medicine (SOM), FOMBN, in conjunction with our thematic month entitled “United, Stay Fit and Be Happy”. This event was aimed to promote physical fitness and to create a good bonding and unity among MAHSA staff and students.



“The Organising Team SOM, FOMBN”

SOM, FOMBN received an overwhelming response from staffs and students, having in total 30 participants that had registered for the tele-match activity. The participants were from School of Medicine (SOM), School of Nursing (SON), School of Bioscience (SOB), Faculty of Business (FOB), Faculty of Engineering and Built Environment (FOEBE).



The event started off with a Zumba warm up session, followed by an introduction of the 5 teams and their respective cheer gimmicks. The tele-match activities were very engaging, fun and got all the contestants in a cheerful mode.

Overall, FOEBE Team was the champion of the tele-match activities, followed by FOB in 2nd placing and FOMBN in 3RD placing.



1st Place, FOEBE TEAM



2ND Place, FOB TEAM



3RD Place, FOMBN TEAM

Prepared by *Dr Shalini Vellasamy*

New Year Fundraising Booth for MAHSA University Bioscience Society (MUBISS), SOB

The fundraising booth was held from 4th -5th January 2022 at Ground Floor, Humanity Building, in front of Habitat. This event was organised to raise funds for MAHSA University Bioscience Society (MUBISS) and spread the joy of the New Year. The objective of this event was to enhance teamwork between committee members of the club and to raise funds for MUBISS.

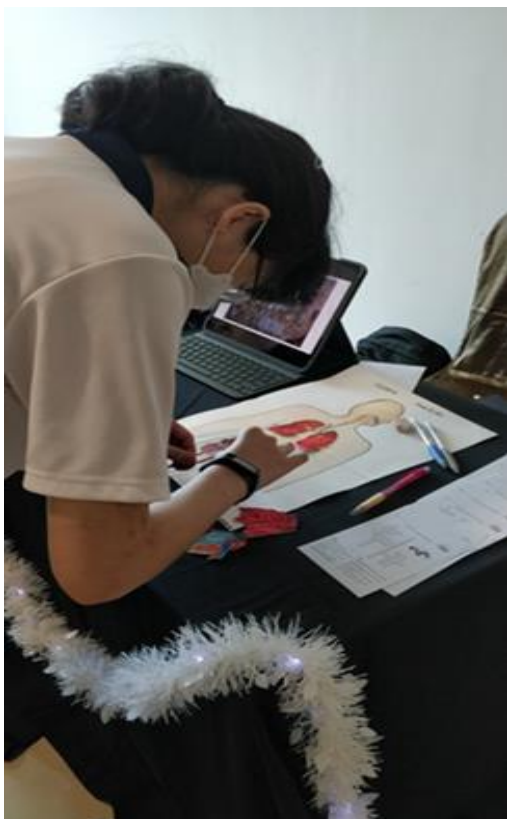


Approximately 100 students and lecturers from different faculties in MAHSA University participated and we ensured that all the participants followed the SOPs, hand sanitizers were provided at the booth for them to use.

Cookies and candy canes were sold in the booth for fundraising along with the MUBISS lanyards of MLT, BMS, and BTECH. We were able to sell all the candy canes and cookies at the end of the day. Challenges were faced due to the flood, but in the end, the fundraising booth wrapped up successfully and we were able to accomplish the objectives and goals.

Alumni Day, MAHSA University Bioscience Society (MUBISS), SOB

MAHSA University Bioscience Society (MUBISS) decided to participate in setting up a booth for Alumni Day. This activity took place on 19th March at Level 12, MPH, Unity Building. The objective was to promote our society to the public and potential new students from the School of Bioscience. We prepared a slideshow of our past events which was displayed. Games such as Crossword Puzzles and Human Anatomy Puzzles were conducted. Crossword Puzzles were made by Too Ngah Main and Human Anatomy Puzzles were drawn by Celine Yong Pui Kuan (Vice President 2).



The games engaged our audience and provided them with a moment of fun! Those who succeeded to complete the Human Anatomy Puzzle in under 10 seconds were awarded a mini bookmark made by Gan Li Wen (Vice President 1). We made connections with organizations that joined the Alumni Day. An online panel discussion video between Alumnis Charles Arvind and Jason Lam organised and conducted by Gan Li Wen was also posted on MUBISS Official Facebook Page. Much knowledge was gained and lessons were learned from this event on aspects of improving our society. It had left us hoping to be able to conduct another event soon as a chance to show better and much improved MUBISS.

Freshman Orientation Week, MAHSA University Bioscience Society (MUBISS), SOB

Freshman Orientation Week took place from 21st -25th March 2022 at Level 2, Spine Area, Humanity Building, in front of Student Central. MAHSA University Bioscience Society (MUBISS) set up Food and Games Booth aimed to allow new and old students to get to know about MAHSA University's current active society. Sandwiches and cakes made by MUBISS's Assistant Secretary Too Ngah Main were sold. There were a variety of games to engage the audience. Crossword Puzzles were made by Too Ngah Main whereas Human Anatomy Puzzles were drawn by Celine Yong Pui Kuan (Vice President 2). Participants had gained the beautiful bookmarks made by Gan Li Wen (Vice President 1 of MUBISS). Approximately 120 students and lecturers from different faculties have participated and given us tremendous support.

MUBISS also did an introductory presentation on Thursday, 24th of March along with other clubs and societies at Level 9 Auditorium, Empathy Building, MAHSA University. For the presentation part, the slides were done by Gan Li Wen and presented together with Celine Yong Pui Kuan. Due to compliments from buyers on the sandwich that tastes delicious, MUBISS decided to have a food booth that makes sandwiches again in the future, as the idea of doing a booth is to promote MUBISS. In addition, these activities have allowed us to get to know representatives from other clubs and societies, which has opened a door for us to collaborate with them in the future.

Blood Donation Campaign in Collaboration With The National Blood Centre (NBC) Of Malaysia, SOB

MAHSA University Biomedical Sciences students from Batch 10 (15 students) had organised a blood donation campaign in collaboration with the National Blood Centre (NBC) on the 31st of March 2022 (Thursday) from 10.00 am to 4.00 pm at Spine Lobby, Level 2, Humanity Building at the Saujana Putra campus. This blood donation event was aimed to help the National Blood Centre to increase the storage of blood, which was low due to the current COVID-19 situation. This drive was opened to all MAHSA University students and staff and the residents of Bandar Saujana Putra.



BMS Batch 10 students with lecturer and National Blood Centre (NBC) staffs.



Event setup by NBC staffs and BMS Batch 10 students.



Registration, screening and waiting area of donors.

An Instagram account, @b10_redcross was created to advertise the basic information and importance of a blood donation campaign as well as to encourage people to donate blood. We achieved our goal of collecting 50 blood bags. We had received 150 donors, with 73 of them rejected due to low haemoglobin levels or high blood pressure. However, we were able to collect blood from 77 donors. The event went on well with support from the

students and staff of MAHSA University and also the residents of Bandar Saujana Putra. Some of the photos captured during the event are attached below.



Blood donation process and sanitization process.



Refreshment area.



Presentation of plaque of appreciation and certificate of appreciation to NBC staffs.



BMS Batch 10 students with lecturer at the end of the blood donation event.



Fundraising Event for Flood Relief by DMLT Batch 43 and Batch 44, SOB

On 16th December 2021, a tropical depression made landfall took place on the eastern coast of Peninsular Malaysia, bringing torrential downpours throughout the peninsula for three days. DMLT Batch 43 and 44 decided to organize a Fundraising Event for Flood Relief through NGOs. This event took place from January 2022 (Thursday) to 28th of January 2022 (Friday). This is a non-profit event, hence, the profit that we earned will be given to flood relief through the NGOs.

We have set up a Food Booth and Henna service aimed to earn more. The Donation Drive was the targeted activity conducted in this event. These activities were opened to

MAHSA students, lecturers, and employees to donate necessities and money for the flood victims. Approximately 100-150 students and lecturers from different faculties of MAHSA University participated in this event and gave us tremendous support. Below are the organizing committee teams involved:

The organizing committee teams	
Dr. Nanthiney Devi Ragavan (Advisor)	
DMLT B43	DMLT B44
Aisyah Emylia Md Ali	Amira Farzana Bt Mohd Amir
Celine Yong Pui Kuan	Camelia Lee Wan Yee
Jason Fong Wen Le	Hemavathy A/P Rathana Veloo
Mariyam Sakha Ali	Najuwa Binti Ismunazif
Rohini A/P Ramu	Puteri Marissa Binti Syah Nizam
Too Ngah Main	Ros Emyllia Binti Rohizan
Wong Jet Kee	Suganthi A/P Jothimani

Students from DMLT B43 & B43 have achieved excellent results in the Co-curricular Project. We also surpassed our initial goal of this fundraising event. We have delivered the donated items to NGOs, three families have received the Chromebooks we ordered by using all the donation funds, and Community Recycle for Charity has received the donated clothes and shoes in a CRC box. In our field, we have gained experience in how to organize events and handling projects. We also learned important hard and soft skills during the period of the event. Thus, MAHSA University offers programs that are not only academically prioritised, but also encourage students to involve in various extracurricular activities. As such, it can help the students to develop skills and abilities outside of academics.



Goods Collection and Donation for Agathian's Shelter Orphanage, by BMS Batch 10 Students, SOB

Community service is work conducted by an individual or a group of people to contribute for the betterment of the society without expecting anything in return. Therefore, 15 of us from Batch 10 Biomedical Science Programme, organized a donation drive for the Agathian's Shelter orphanage in Selangor. We have joined hands to help these children in need by collecting necessary items from donors in MAHSA University, at a collection station near the Habitat of the campus.



This meaningful event was carried out with strict adherence to the Covid-19 standard operating procedures, on 14th to 16th of March from 9.00 a.m. to 4.00 p.m. An Instagram account @b10.careclub was created to advertise about our event. The online promotion was conducted for a week and received good response from the viewers.



We successfully collected goods which included clothes and stationery. Besides the goods, the public was generous to donate money for the orphanage too. Upon completion, the goods and donation were delivered on 18th of March to the orphanage. All the group members showed immense support for one another.

Donated goods and cash were collected at this booth located in front of The Habitat at MAHSA University. The booth remained open from 14th March 2022 – 16th March 2022 from 9:00 AM – 4:00 PM.

Upcoming Events

1. Monthly Webinar 2022
2. Major Open Day, May 2022
3. MQA audit (May, 2022)
4. Year 3 Clinical Posting, May 2022
5. FOMBN Research Clinics, Thursday afternoons
6. FOMBN CME Events (April-June 2022)
7. 30 Hrs Famine Challenge by World Vision NGO & MedSoc, June 2022
8. FOMBN Thematic months (April-June 2022)
9. MBBS Student Medical Camp for BSP Residence, by MedSoc, May 2022
10. Webinar by AMSA, June 2022

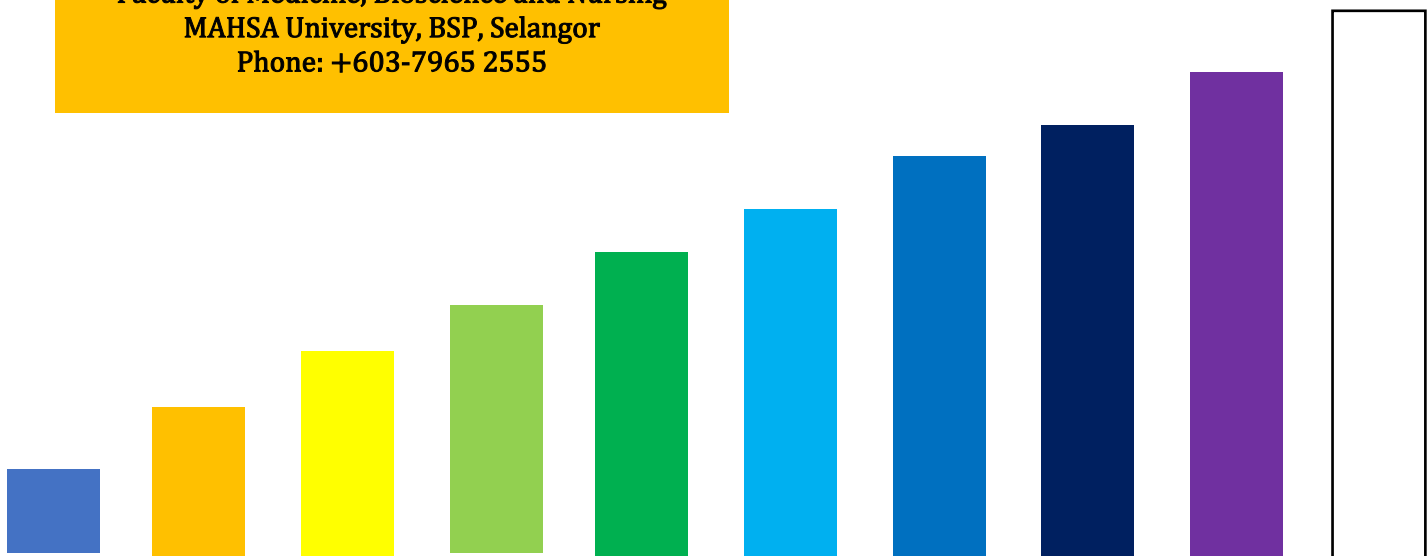
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P R O G R E S S